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| Glad Tidings Preschool Breakfast/Snack Menu November 2019 | | | | | | |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |  |
| Milk is served with breakfast |  |  |  |  | 1  Cereal  Oranges  Trail Mix |  |
|  | 4  Pancakes  Oranges  Cheez-its | 5  Banana Muffin  Pears  Snack Mix | 6  Waffles  Peaches  Cheese & Cracker | 7  Biscuits  Pineapple Chunks  Yogurt | 8  Cereal  Fruit Cocktail  Trail Mix |  |
|  | 11  Veterans  Day  No School | 12  French Toast  Peaches  Graham Crackers | 13  Pancakes  Pineapple Chunks  Cheese & Cracker | 14  Biscuits  Pears  Yogurt | 15  Cereal  Apple Slices  Trail Mix |  |
|  | 18  Cheese Omelet  Hash Brown  Snack Mix | 19  Cinnamon Toast  Oranges  Graham Crackers | 20  Kolaches  Tator Tots  Cheese & Cracker | 21  Pancakes  Apple Slices  Yogurt | 22  Cereal  Fruit Cocktail  Trail Mix |  |
| Juice is served  with snack | 25  Pancakes  Oranges  Snack Mix | 26  Cinnamon Toast  Pears  Goldfish | 27  Biscuits  Peaches  Yogurt | 28  Thanksgiving  Day | 29  No School |  |