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| Glad Tidings Preschool August 2020 Menu (Milk is served with breakfast & lunch) | | | | | | |
| Breakfast | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | Snack |
| Monday  Buttered Toast  Pears | 3  Meatballs & gravy  Mashed potatoes  Green beans  Pineapples  WG Bread | 4  Smothered sausage & potatoes  Black eyed peas  Applesauce  WG bread | 5  Beanie Weenies  Baked French Fries  Pears  WG Bread | 6  Cheese Pizza  Mixed Vegetables  Bananas | 7  Ham & Cheese sandwich  Carrots  Fresh apples | Monday  Goldfish  Clear Fruit Punch |
| Tuesday  Cheerios  Peaches | 10  Chicken nuggets & mixed vegetables, pineapples  WG Bread | 11  Shepherd’s Pie  Corn  Oranges  WG Bread | 12  Gumbo w/white rice  Peas  Bananas  WG Bread | 13  Nacho’s w/Whole grain, & chili, shredded cheese  Green Beans  Peaches | 14  Turkey & Cheese Sandwich w/ WG Bread  Veggie Straws  Bananas | Tuesday  Graham Crackers  White Grape Juice |
| Wednesday  WG Pancakes  Pineapples | 17  Hamburgers w/ Buns  Baked Beans  Bananas | 18  Chicken & Gravy w/White Rice  Corn, Salad  WG Bread | 19  Goulash w/ ground pork & corn  Sweet Peas  WG Bread | 20  Chili Dogs w/ Buns & cheese  Oven Baked Fries  Corn | 21  Chicken Burgers  w/ Bun  Celery sticks  Bananas  (cooked veggie for under two) | Wednesday  Cheese-Its  Clear Fruit Punch |
| Thursday  Cinnamon Toast  Pears | 24  Cheese Pizza  Mixed Vegetables  Peaches | 25  Gumbo w/white rice  Peas  Bananas  WG Bread | 26  Oven Baked Chicken Nuggets  Mac & Cheese  Green Beans  WG Bread | 27  Chicken & Sausage  Sauce Piquante served over rice  Buttered Peas  WG Bread | 28  Turkey & Cheese  Roll ups  Raw baby Carrots  Fresh Apples  (apple sauce and cooked veggie for under two) | Thursday  Animal Crackers  White Grape Juice |
| Friday  WG Waffles  Oranges | 31  Taco Mac  w/ ground Pork  Corn  Applesauce  WG Bread |  |  |  |  | Friday  Cheerios  Clear Fruit Punch |